



Dilution and timing of drinking FORTTRANS, VISTAPREP emptying solution according to the examination date.

Each sachet of Fortrans/Vistaprep should be dissolved in 1 litre of cool clear liquid (e.g. water, water with lemon or vitamin C). During the preparation, other clear liquids (e.g. mineral water, water, tea) may be drunk in addition to the purging solution itself; milk, juice with pulp, coffee or alcohol are not suitable! Follow the recommended regimen, even if you have clear fluid leaving your rectum in the evening, the morning part of the preparation should not be skipped and the solution should be finished!

- 1) Colonoscopy at 8:00:** 3 l of solution to drink the day before the examination at 16:00 - 19:00, 1 l of solution on the day of the examination at 3:00 - 4:00
- 2) Colonoscopy at 9:00:** 3 l of solution to be drunk the day before the examination at 16:00 - 19:00, 1 l of solution on the day of the examination at 4:00 - 5:00
- 3) Colonoscopy at 10:00:** 3 l of solution to be drunk the day before the examination at 17:00 - 20:00, 1 l of solution on the day of the examination at 5:00 - 6:00
- 4) Colonoscopy at 11:00:** 3 l of solution to be drunk the day before the examination at 17:00 - 20:00, 1 l of solution on the day of the examination at 6:00 - 7:00
- 5) Colonoscopy in the afternoon from 13:00:** 2 l of solution to be drunk the day before the examination at 17:00 - 19:00, 2 l of solution on the day of the examination at 6:00 - 8:00



Dilution and timing of drinking MOVIPREP voiding solution according to the examination date.

One pack of the product contains 2 transparent sachets, each containing one pair of sachets (sachet "A" and sachet "B") for the preparation of 2 litres of solution. Each pair of sachets ('A' and 'B') must be dissolved together in one litre of water (i.e. a total of 2×1000 ml of salts). During the preparation, it is NECESSARY to drink AT LEAST 1 LITER of other clear liquids (e.g. mineral water, water, tea) in addition to the actual emptying solution; it is not advisable to drink milk, juice with pulp, coffee or alcohol! Follow the recommended regimen, even if you have clear fluid leaving your rectum in the evening, the morning part of the preparation should not be skipped and the solution should be finished!

1) Colonoscopy at 8:00: 1st dose (1 l of solution, then 1 l of water) to be drunk the day before the examination at 19:00 - 21:00, 2nd dose (1 l of solution, then 1 l of water) to be drunk on the day of the examination at 3:00 - 5:00

2) Colonoscopy at 9:00: 1st dose (1 l solution, then 1 l water) to be drunk the day before the examination at 19:00-21:00, 2nd dose (1 l solution, then 1 l water) to be drunk on the day of the examination at 4:00-6:00

3) Colonoscopy at 10:00: 1st dose (1 l solution, then 1 l water) to be drunk the day before the examination at 20:00 - 22:00, 2nd dose (1 l solution, then 1 l water) to be drunk on the day of the examination at 5:00 - 7:00

4) Colonoscopy at 11:00: 1st dose (1 l solution, then 1 l water) to be drunk the day before the examination at 20:00 - 22:00, 2nd dose (1 l solution, then 1 l water) to be drunk on the day of the examination at 6:00 - 8:00

5) Colonoscopy in the afternoon from 13:00: 1st dose (1 l of solution, then 1 l of water) to be drunk the day before the examination at 21:00 - 23:00, 2nd dose (1 l of solution, then 1 l of water) to be drunk on the day of the examination at 8:00 - 10:00



Dilution and timing of drinking CLENSIA lavage solution according to the examination date.

One bowel emptying cycle in adults consists of four sachets of A and four sachets of B dissolved in two litres of water and taken orally. On the evening before the clinical examination, a solution of Clensia should be prepared using the contents of two sachets A and two sachets B dissolved in 1 litre of water. On the morning of the clinical examination, the contents of the remaining two sachets A and two sachets B should again be dissolved in 1 litre of water and drunk in the same way. During the preparation, it is REQUIRED to drink AT LEAST 1 LITRE of other clear liquids (e.g. mineral water, water, tea) in addition to the actual voiding solution; milk, juice with pulp, coffee or alcohol are not suitable! Follow the recommended regimen, even if you have clear fluid leaving your rectum in the evening, the morning part of the preparation should not be skipped and the solution should be finished!

1) Colonoscopy at 8:00: 1st dose (1 l of solution, then 1 l of water) to be drunk the day before the examination at 19:00 - 21:00, 2nd dose (1 l of solution, then 1 l of water) to be drunk on the day of the examination at 3:00 - 5:00

2) Colonoscopy at 9:00: 1st dose (1 l solution, then 1 l water) to be drunk the day before the examination at 19:00-21:00, 2nd dose (1 l solution, then 1 l water) to be drunk on the day of the examination at 4:00-6:00

3) Colonoscopy at 10:00: 1st dose (1 l solution, then 1 l water) to be drunk the day before the examination at 20:00 - 22:00, 2nd dose (1 l solution, then 1 l water) to be drunk on the day of the examination at 5:00 - 7:00

4) Colonoscopy at 11:00: 1st dose (1 l of solution, then 1 l of water) to be drunk the day before the examination at 20:00 - 22:00

5) Colonoscopy in the afternoon from 13:00: 1st dose (1 l of solution, then 1 l of water) to be drunk the day before the examination at 21:00 - 23:00, 2nd dose (1 l of solution, then 1 l of water) to be drunk on the day of the examination at 8:00 - 10:00



Dilution and timing of drinking EZICLEN voiding solution according to the examination date.

The Eziclen pack contains 2 vials of liquid. Before use, the contents of each bottle must be mixed with water using the included measuring cup. The measuring cup should be filled to the mark to give a total volume of approximately 0.5 litres. During preparation, it is REQUIRED to drink AT LEAST 1 LITER of other clear liquids (e.g. mineral water, water, tea) in addition to the actual emptying solution; milk, juice with pulp, coffee or alcohol are inappropriate! Follow the recommended regimen, even if you have clear fluid leaving your rectum in the evening, the morning part of the preparation should not be skipped and the solution should be finished!

1) Colonoscopy at 8:00: 1st dose (0.5 l of solution, then 1 l of water) to be drunk the day before the examination at 19:00 - 21:00, 2nd dose (0.5 l of solution, then 1 l of water) to be drunk on the day of the examination at 3:00 - 5:00

2) Colonoscopy at 9:00: 1st dose (0,5 l solution, then 1 l water) to be drunk the day before the examination at 19:00 - 21:00, 2nd dose (0,5 l solution, then 1 l water) to be drunk on the day of the examination at 4:00 - 6:00

3) Colonoscopy at 10:00: 1st dose (0,5 l solution, then 1 l water) to be drunk the day before the examination at 20:00 - 22:00, 2nd dose (0,5 l solution, then 1 l water) to be drunk on the day of the examination at 5:00 - 7:00

4) Colonoscopy at 11:00: 1st dose (0,5 l solution, then 1 l water) to be drunk the day before the examination at 20:00 - 22:00, 2nd dose (0,5 l solution, then 1 l water) to be drunk on the day of the examination at 6:00 - 8:00

5) Colonoscopy in the afternoon from 13:00: 1st dose (0.5 l of solution, then 1 l of water) to be drunk the day before the examination at 21:00 - 23:00, 2nd dose (0.5 l of solution, then 1 l of water) to be drunk on the day of the examination at 8:00 - 10:00



Dilution and timing of drinking PICOPREP voiding solution according to the examination date.

The Picoprep pack contains 2 sachets of powder. Dissolve the contents of one sachet in a glass of water (approximately 150 ml). Stir for 2 to 3 minutes until a white, cloudy liquid with a faint orange odour is formed. After taking each sachet, it is **IMPERATIVE** to drink **AT LEAST 1.5 - 2 LITRES** of additional clear liquid (e.g. mineral water, water, tea), it is inappropriate to drink milk, juice with pulp, coffee or alcohol! Follow the recommended regimen, even if you have clear fluid leaving your rectum in the evening, the morning part of the preparation should not be skipped and the solution should be finished!

1) Colonoscopy at 8:00: 1st dose (150 ml of solution, then 2 l of water) to be drunk the day before the examination at 20:00 - 22:00, 2nd dose (150 ml of solution, then 2 l of water) to be drunk on the day of the examination at 3:00 - 5:00

2) Colonoscopy at 9:00: 1st dose (150 ml solution, then 2 l water) to be drunk the day before the examination at 20:00-22:00, 2nd dose (150 ml solution, then 2 l water) to be drunk on the day of the examination at 4:00-6:00

3) Colonoscopy at 10:00: 1st dose (150 ml solution, then 2 l water) to be drunk the day before the examination at 21:00-23:00, 2nd dose (150 ml solution, then 2 l water) to be drunk on the day of the examination at 5:00-7:00

4) Colonoscopy at 11:00: 1st dose (150 ml solution, then 2 l water) to be drunk the day before the examination at 21:00-23:00, 2nd dose (150 ml solution, then 2 l water) to be drunk on the day of the examination at 6:00-8:00

5) Colonoscopy in the afternoon from 13:00: 1st dose (150 ml of solution, then 2 l of water) to be drunk the day before the examination at 22:00 - 24:00, 2nd dose (150 ml of solution) to be drunk the day before the examination at 22:00 - 24:00, 2nd dose (150 ml of solution, then 2 l of water) to be drunk on the day of the examination at 7:00 - 9:00



Dilution and timing of drinking CITRAFLEET lavage solution according to the examination date.

The CitraFleet pack contains 2 sachets of powder. Dissolve the contents of one sachet in a glass of water (approximately 150 ml). Stir for 2 to 3 minutes until a white, cloudy liquid with a faint lemon odor is formed. After taking each sachet, it is **IMPERATIVE** to drink **AT LEAST 1.5 - 2 LITRES** of additional clear liquid (e.g. mineral water, water, tea), it is not advisable to drink milk, juice with pulp, coffee or alcohol! Follow the recommended regimen, even if you have clear fluid leaving your rectum in the evening, the morning part of the preparation should not be skipped and the solution should be finished!

1) Colonoscopy at 8:00: 1st dose (150 ml of solution, then 2 l of water) to be drunk the day before the examination at 20:00 - 22:00, 2nd dose (150 ml of solution, then 2 l of water) to be drunk on the day of the examination at 3:00 - 5:00

2) Colonoscopy at 9:00: 1st dose (150 ml solution, then 2 l water) to be drunk the day before the examination at 20:00 - 22:00, 2nd dose (150 ml solution, then 2 l water) to be drunk on the day of the examination at 4:00 - 6:00

3) Colonoscopy at 10:00: 1st dose (150 ml solution, then 2 l water) to be drunk the day before the examination at 21:00-23:00, 2nd dose (150 ml solution, then 2 l water) to be drunk on the day of the examination at 5:00-7:00

4) Colonoscopy at 11:00: 1st dose (150 ml solution, then 2 l water) to be drunk the day before the examination at 21:00-23:00, 2nd dose (150 ml solution, then 2 l water) to be drunk on the day of the examination at 6:00-8:00

5) Colonoscopy in the afternoon from 13:00: 1st dose (150 ml of solution, then 2 l of water) to be drunk the day before the examination at 22:00 - 24:00, 2nd dose (150 ml of solution, then 2 l of water) to be drunk the day before the examination at 22:00 - 24:00., 2nd dose (150 ml of solution, followed by 2 l of water) to be drunk on the day of the examination at 7:00 - 9:00